

**How to support the body's functions to safely navigate the
Vaccination process**

3 days prior and day of vaccination and 4 days after	10-30 lb dosing	30-60lb dosing	150lb dosing
Glutathione	20 to 30 mg per kg of body weight rub on liver	2 pumps 2 times a day	2 pumps 4 times a day
N-acetyl Cysteine	1-11 months: 1-2 mL of 20% solution or 2-4 mL of 10% solution by nebulization q6-8hr PRN	loading dose is 140 mg/kg followed in 4 hours by a maintenance dose of 70 mg/kg orally given every 4 hours. This dosing is commonly recommended to be continued for 72 hours;	1500 mg a day
Vitamin E (mixed tocopherols)	N/A	50 iu day	800 iu a day
Vitamin C	150mg twice daily	300mg twice daily	500 mg 3 times a day
Vitamin A (cod liver oil)	N/A	2500-3500 iu	5000-10000 iu
Silica	N/A		600mg
Systemic detox (Viatrexx)	1 sprays 2 times a day	1 sprays 3 times a day	2 sprays 3 times a day
Every day detox tea (Traditional Medicinal teas)	N/A	1 cup	4-6 cups
Immunex (Viatrexx)	1 sprays 2 times a day	1 sprays 3 times a day	2 sprays 3 times a day

*** Never vaccinate when you are feeling ill or have a fever.**

****Let your doctor know if there is any history of seizers in your family (anywhere)**

***** All items can be purchased here or at Supper
Supplements**