

## Recommended Reading:

Clean, Green, and Lean- Walter Crinnion ND

8 Weeks to Women's Wellness- Marianne Marchese ND

The Cleanse Companion Cookbook- Bonnie Nedrow ND and Jeff Hauptman

The Seasonal Cleanse Workbook- Bonnie Nedrow ND

Books for the layperson that are full of great info:

Slow Death by Rubber Duck –Rick Smith and Bruce Lourie

Toxin, Toxout- Rick Smith and Bruce Lourie

The Toxic Sandbox- Libby McDonald

The Body Toxic- Nena Baker

Experimental Man- David Ewing Duncan

Our Toxic World- Doris Rapp MD

Diagnosis Mercury- Jane Hightower MD

Chasing Molecules- Elizabeth Grossman

Toxic Overload- Paula Baillie-Hamilton MD

Raising Baby Green: Alan Greene, MD

Toxic Childhood- Sue Palmer

Exposed- Mark Schapiro

Rachel Carson- Silent Spring

Not Just a Pretty Face- Stacy Malcan

Living Downstream- Sandra Steingraber

Raising Elijah: Protecting Children in an Age of Environmental Crisis- Sandra Steingraber

Having Faith: An Ecologist's Journey to Motherhood- Sandra Steingraber

## Textbooks/Resource Manuals

A Textbook on EDTA Chelation Elmer Cranton MD

Reversibility of Chronic Degenerative Disease and Hypersensitivity vol. 1-2  
(vol. 3 to be released)- William Rea MD Kalpana Patel MD

Chemical Exposure and Human Health A Reference to 314 Chemicals with a Guide to Symptoms- Cynthia Wilson

Environmental Impacts on Reproductive Health and Fertility: Woodruff, Janssen, Guillette, Giudice

Laboratory Evaluations for Integrative and Functional Medicine-Richard Lord and Alexander Bralley Eds.

Generations at Risk: Ted Schettler, MD, Gina Solomon, MD, Maria Valenti, and Annett Huddle

Online

A Small Dose of Toxicology, 2<sup>nd</sup> Edition-

<http://www.toxipedia.org/display/hwt/A+Small+Dose+of+Toxicology%2C+2nd+Edition>