

Mold Treatment order

1. *Remove from exposure:* carpet, drapes, furniture,
2. *CSM/Welchol:* binds to organic ions/toxins, prevents reabsorption, has a positive charge and grabs negative charged toxins, needs to be take 4 times a day or use Welchol (take with food) between CSM doses,
3. *VCS:* 90215 code to bill for,
4. *Eradicate MARCONS:* diagnostic lab cultures, afrin may help shrink the tissues, push on nose, swab up and down, both sides go up until you tear, stop all nasal sprays/treatments for one week before swabbing, TX: BEG spray and Rifampin, if cannot tolerate rifampin, do 2 spray of BEG
5. *Correct Antigliadin:* measure MSH first (immune dysregulation)
6. *Correct androgens* (low will slow bile flow down, milk of magnesium can increase bile flow,) up-regulated aromatase, measure the estrone/testosterone give DHEA retest, not going to show in hyper-coag people, start low 5 mg DHEA, watch out for women with insulin resistance it will convert DHT and create masculinization problems, for men it will go to Estrogen, stress is like a metabolic road block,
7. *Correct ADH/osmolality:* osmolality 280-300 (example if osmolality 290 = $\frac{1}{2}$ way between, ADH should match) lots of headache reports, Hopkinton's drug has ADH, VADP /DDATP tablets? Despopresin medicine,
8. *Correct MMP9 and Leptin levels*
9. *Correct VEGF*
10. *Correct C3a*
11. *Correct C4a*
12. *Correct TG-beta-1 : extra fibroblast activity, fibrosing occurs in body with elevated TG-Beta-1,*

13. *Correct VIP Dosing seems to be best 2-4 sprays a day, at least for the 1st month, but have to have clear MACRONS test, and ERMI under 2, test dose follow up with no rise with TGIF at 15 minutes, and watch for rise in lipase ,*
Humidity meter, needs to be under 14%